24/25 Mid-C Lunch Lunch

Hozho Academy

Mon		Tue	Wed	Thu	Fri
	1/20/2025	1/21/2025	1/22/2025	1/23/2025	1/24/2025
		Main Entree	Main Entree	Main Entree	Main Entree
		Navajo Burger	Chicken, diced, cooked	Frito Pie	Chicken Vegetable Pot Pie
		Grain	Grain	Grain	Grain
	Navajo Bread	Whole Wheat Tortilla	Corn Chips	Southern Biscuit	
	Vegetable	Vegetable	Vegetable	Vegetable	
	Shredded Lettuce & Tomatoes Baked Beans	Corn Choice of Salad Vegetables	Shredded Lettuce & Tomatoes Choice of Salad Vegetables	Carrots Choice of Salad Vegetables	
		Choice of Salad Vegetables	Fruit	Fruit	Fruit
		Fruit	Applesauce	Applesauce	Mixed Fruit, canned
		Apple	Milk	Milk	Milk
		Milk	Chocolate Milk 1%	Chocolate Milk 1%	1% Milk
		1% Milk Chocolate Milk 1%	1% Milk	1% Milk	Chocolate Milk 1%
	1/27/2025	1/28/2025	1/29/2025	1/30/2025	1/31/2025
Main Entree		Main Entree	Main Entree	Main Entree	Main Entree
Tomato Meat Sauce		Chicken Alfredo	Beefy Lasagna	Cheese Pizza	Deli Sandwich
Grain		Grain	Grain	Pepperoni Pizza	Vegetable
Whole Wheat Pasta		Whole Wheat Pasta	Breadstick, whole grain	Vegetable	Baked Beans
Vegetable		Vegetable	Vegetable	Mixed Vegetables Carrots	Carrots
Green Beans		Broccoli florets	Corn	Fruit	Fruit
Corn		Cannelini Beans	Fruit	Pears, canned	Peaches, canned
Fruit		Fruit	Peaches, canned	Dessert	Milk
Grapes		Mixed Fruit, canned	Milk	Cookie, whole grain	1% Milk Chocolate Milk 1%
1% Milk		Milk 1% Milk	1% Milk Chocolate Milk 1%	Milk	
Chocolate Milk 1%		Chocolate Milk 1%		1% Milk Chocolate Milk 1%	

24/25 Mid-C Breakfast Breakfast

Hozho Academy

Mon		Tue	Wed	Thu	Fri
	1/20/2025	1/21/2025	1/22/2025	1/23/2025	1/24/2025
		Main Entree	Main Entree	Grain	Main Entree
		Cheese Stick	Cheese Stick	Navajo Bread	Yogurt Cup
		Grain	Grain	Fruit	Grain
		WG French Toast	WG Muffin Tops	Apple	Strawberry Yogurt Chex Mix
		Fruit	Fruit	Fruit Juice	Fruit
		Banana	Banana	Fruit Juice	Orange Slices
		Fruit Juice	Milk	Milk	Fruit Juice
		Fruit Juice	1% Milk	1% Milk	Fruit Juice
		Milk	Skim Milk	Skim Milk	Milk
		1% Milk		Condiments	1% Milk
		Skim Milk		Honey	Skim Milk
		Condiments			
		Maple Syrup-Sugar Free			
	1/27/2025	1/28/2025	1/29/2025	1/30/2025	1/31/2025
Main Entree		Main Entree	Main Entree	Main Entree	Main Entree
Cheese Stick		Turkey Sausage	Cheese Stick	Cheese Stick	Turkey Sausage
Grain		Grain	Grain	Grain	Grain
Bagel, whole grain		Butter Toast, WG	WG Muffin Tops	WG Cereal bar	Blueberry Scone
Fruit		Fruit	Fruit	Fruit	Fruit
Orange Slices		Apple	Apple	Apple	Banana
Fruit Juice		Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Fruit Juice		Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Milk		Milk	Milk	Milk	Milk
1% Milk		1% Milk	1% Milk	1% Milk	1% Milk
Skim Milk		Skim Milk	Skim Milk	Skim Milk	Skim Milk
Condiments					
Cream Cheese Cup					

FILTERS				
Name(s)	Value(s)			
Date Range	(Start = 1/19/2025, End = 2/1/2025)			
Menu Plan	(24/25 Mid-C Breakfast, 24/25 Mid-C Lunch)			